



Below are some sample intercessions that we invite parishes to include in their Prayers of the Faithful as we prepare for our first local Eucharistic Congress from October 17-20, 2024.

Included are intercessions that pray for the preparation and success of the Congress. There are also prayers that break open the theme: **Communion to heal the world**, that are categorized under the five ways the Eucharist can heal: **restore, unite, inspire, serve, and equip**.

Parishes are encouraged to include a few of these intercessions in their Prayers of the Faithful at their Masses leading up to October.

Sample Intercessions for the Prayers of the Faithful

In Preparation for the 2024 Eucharistic Congress

Prayers for preparation and success

- For those who have taken on the responsibility of planning and preparing the upcoming Eucharistic Congress... that all they do will be inspired and guided by the Holy Spirit.

We pray to the Lord...

- That the time of preparing for the Eucharistic Congress will be an opportunity for the parishes of our Archdiocese to grow in our love for Christ and the Eucharist.

We pray to the Lord...

- For each parish in our Archdiocese, as we prepare for and look forward to the upcoming Eucharistic Congress, that our hearts will be open to encounter Jesus in a deeper way.

We pray to the Lord...

- For our October Eucharistic Congress, that it will be a time of growing in faith and in love for the gift of the Eucharist.

We pray to the Lord...

- That the upcoming Eucharistic Congress will be a time of blessing for our Archdiocese, bringing us into greater unity and deepening our love for Christ in the Eucharist.

We pray to the Lord...

- That our October Eucharistic Congress will draw many people into a deeper relationship with the Risen Lord present in the Eucharist, and that it will draw many people back to the Table of the Lord.

We pray to the Lord...

- That the Holy Spirit grant us His gifts to prepare our hearts and minds to engage in our upcoming Eucharistic Congress with trust, humility, and filled with grace.

We pray to the Lord.

- That with Mary, Mother of the Eucharist, we prepare for our approaching Eucharistic Congress so, in Communion with Christ and one another, we may heal the wounds of our world,

We pray to the Lord...

- That the Holy Spirit bless us with His fruits so we courageously effect the needed changes identified during our Eucharistic Congress with generosity and in charity,

We pray to the Lord...

- That like Mary, Mother of the Eucharist, we ponder in our hearts what changes need to take place according to the Eucharist Congress' outcome so we may contribute to the healing of our world,

We pray to the Lord...

RESTORE: The Eucharist restores our relationship with God

- For our holy father, Pope Francis, and for all Church leaders, that they may receive guidance and strength as they share the Eucharist with the People of God.

We pray to the Lord...

- For the Church, the pilgrim people of God. May our eyes be open so that we may see the nourishing and sustaining power of the Eucharist for our journey of faith.

We pray to the Lord...

- May the Eucharist that we have gathered to share today restore what is lacking in our faith, revive what is lacking in our hope, and repair what is lacking in our love for our Triune God.

We pray to the Lord...

- For those who are sick, for those who mourn, for all those who suffer: that they may know that the One who gave his body and blood out of love for the world is always with them.

We pray to the Lord...

- For the faithful departed, that they who feasted at the Eucharistic table will be welcomed to the eternal banquet table of heaven.

We pray to the Lord...

- For a greater awareness that, nourished and cleansed by partaking in the Body and Blood of Christ, our life of Faith is preserved, increased and renewed.

We pray to the Lord.

- That grateful for every opportunity to receive Holy Communion we rejoice in becoming one Body and one Spirit in Christ, filled with heavenly blessings and grace.

We pray to the Lord...

UNITE: The Eucharist Strengthens the Unity of the Church

- For Pope Francis, who feeds the People of God in so many ways and for all bishops, priests, deacons, and seminarians, who join him in this ministry.

We pray to the Lord...

- The Church is made up of people of different generations, different cultures, different backgrounds, who come together to share the Body and Blood of Christ. May our sharing lead us to greater unity.

We pray to the Lord...

- For all the parishes and faith communities of our Archdiocese, especially those experiencing changes and challenges that we may go forward as Christ lead us, fortified by and united in the Eucharist we share.

We pray to the Lord...

- For those who were baptized or received into full communion this year, for all those who have celebrated communion for the first time this year, that they will know that they are truly welcomed into the unity of the brothers and sisters of Christ.

We pray to the Lord...

- As we come together as the Body of Christ, may the sacred meal we share help to heal the wounds of division within the Body.

We pray to the Lord...

- For the grace to recognize in the Eucharist the source and summit of our Christian life, and to experience an intimate unity with the Triune God in anticipation of the glories to come.

We pray to the Lord...

- That with unfailing hope we await the time when complete unity among believers will return, so we may once again break bread and drink from the cup of salvation at the same table.

We pray to the Lord...

INSPIRE: The Eucharist Call Us to Worship

- For our Holy Father, Pope Francis, for Archbishop Brian Dunn, for all bishops, priests, and deacons, all those who have been ordained to serve the Church of God, that they will know their people's gratitude and that they will receive renewed strength and grace for their ministry.

We pray to the Lord...

- For the Church throughout the world, that we may rejoice to know that our worship unites us with the saints and angels around the altar, the Table of the Lord.

We pray to the Lord...

- Through our participation in the Eucharist, may we come to recognize with joy and thanksgiving that we are participating in the life of the Trinity.

We pray to the Lord...

- For this faith community and in particular, for families who have celebrated Baptism, First Reconciliation and First Eucharist this year, and for adults who celebrated sacraments in the Easter season that all of us will grow in our understanding, appreciation, and love of the Eucharist and all the sacraments.

We pray to the Lord...

- For each one of us, that we may grow in our appreciation of Christ's Eucharistic presence in the Mass, in Adoration, and in Communion to the Sick.

We pray to the Lord...

- For the faithful departed that they who were nourished at the Table of the Lord may share in his eternal glory.

We pray to the Lord...

- For a growing desire to commemorate the Eucharist in a vivid and wholehearted manner, mindful of the immense gratitude the real presence of the Lord in our midst inspires.

We pray to the Lord.

- That longing for our heavenly reward, we receive the Eucharistic Lord as often as possible to grow in virtue and be better prepared to witness to His salvific love by word and deed.

We pray to the Lord.

SERVE: The Eucharist Commits Us to Serve the Poor and Marginalized

- For our Holy Father, Pope Francis, and for all church leaders, that Christ's Eucharistic self-giving will be for them strength and encouragement as they give themselves as servant leaders.

We pray to the Lord...

- For this world, filled with so many hungers, for food and shelter, for dignity, for justice and peace, for meaning, for connection, for Eucharist.

We pray to the Lord...

- That we who share in the Eucharist may become the hands and feet of Christ, reaching out to the least of his brothers and sisters.

We pray to the Lord...

- For the St Vincent de Paul Society, for the Food Bank, and for all those who respond to the Lord's command to wash one another's feet and to be Eucharist for others.

We pray to the Lord...

- May we who are nourished at the Table of the Lord become what we receive - bread for the world.

We pray to the Lord...

- For an unconditional attitude to opening wide our hands to our brothers and sisters in need, in whom we are called to see and serve the very person of Christ in our daily reality.

We pray to the Lord...

- That we pledge to make a self-conscious move towards the dispossessed, the marginalized, and the most vulnerable in our midst in the knowledge that what-so-ever we do for them, we do for Jesus himself.

We pray to the Lord.

EQUIP: The Eucharist Empowers Us for Mission

- For the Church throughout the world, that we will always proclaim Jesus as the Bread of Life, who nourishes us with food for the journey.

We pray to the Lord...

- For all of us gathered here: may we be strengthened and graced today by our sharing in the Word and the Eucharist, so that we may inspire others to seek what we have found.

We pray to the Lord...

- For married couples and for couples preparing for marriage that they will be led to imitate Jesus' Eucharistic self-giving as they share love for one another, their families, and the world.

We pray to the Lord...

- May the Eucharist we share nourish and strengthen us so that we may answer the call to go into the world and build up the kingdom of God.

We pray to the Lord...

- That we who are nourished at the Table of the Word and the Table of the Eucharist may share the blessings we have received with family, friends, and neighbours.

We pray to the Lord...

- For the realization that, to go and make disciples of all nations, we must die to self and abide in the Living God to truly become a eucharistic people in action.

We pray to the Lord...

- That with total surrender to the Will of the Father, led by the Spirit of Truth, we embrace the power of the Eucharistic Lord as we set off in our mission as disciples.

We pray to the Lord...