

Family Gatherings using Be My Disciples – Adult Formation

Once scheduling & timing of family/intergenerational gatherings have been established, the decision must be made as to what programming is needed based on the needs of the adults. Some parishes might choose to keep **family groups together** for entire gatherings, others may decide that the adults need a formative approach that is more suited to **adult learning styles**. Following is a list of **RCL Benziger** resources for adults and correlations for using during bi-weekly and monthly gatherings.

SOURCE	RESOURCE	DESCRIPTION
Be My Disciples Catechist Guides	From Day One Pages 17 – 30	Resources for adults who are working with children and the Be My Disciple Text to become confident and capable adults committed to echoing our Catholic Faith to the next generation.
	Catechist Background Pages 2 Pages at the beginning of every chapter	The first two pages of every chapter in the catechist guide gives background about the content in the chapter, on an adult level, so as to enable and assist adults on a lifelong journey of faith themselves while accompanying children
Be My Disciples Summer Program Guide	Entire Resource	While there are not specific “adult formation” resources in this program – there is a “background page” for each session (day) that can be used in conjunction with the background pages in the catechist guide for adult formation
Be My Disciples At Home Family Guide	Entire Resource	*This entire resource is designed to give adult family members a way to journey through the Scripture and Tradition of our Catholic Faith with their children in a spiral/systematic method. Best used with the Monthly sessions, but can also be the source of adult formation for bi-weekly
Be My Disciples Program Director Guide	In-Service Gatherings Beginning on page 88	*Serving Today’s Families article *Six (6) Intergenerational Scripted Sessions
	Handouts for Adults/Families Beginning on page 102	*Nine (9) Handouts for use in family formational gatherings or adult ongoing formation
	Professional Articles Beginning on page 32	*Thirteen (13) Professionally written articles which can be used for adults during formation gatherings or ongoing formation
RCL Benziger’s Family Life	Grade Level (K – 8) Parent Connection Resource	Gives Catholic Families the “know how” to live as Catholic Families.

Program		This resource helps build strong Catholic families who live and share Christian values and practice virtuous living every day.
Be My Disciples Adult Formation Resources	Exploring our Catholic Faith	<p>*Twenty-Six (26) titles correlated to the Pillars of the Catechism of the Catholic Church as well as Be My Disciples</p> <p>*Helps Adults continue their exploration of how our Catholic Beliefs connect to their life.</p> <p>*Four Page, pamphlet format makes it easy for individuals or groups to address a particular topic that corresponds with the content of the children's lessons.</p> <p>*Comes with a facilitators Guide for easy implementation.</p>
	Apprentices In Faith/ Young Apprentices Digital RCIA - Yearly Subscription to the online content	<p>Doctrinal Lessons, Lectionary session offer adult formation for seekers.</p> <p>While this resource was developed for those not baptized Catholic, many parishes have found the resource to be a great source for adults/families.</p>
	Catholic Prayer & Practices/ Our Family Prays	Helping families make prayer the Heart of Every Catholic Home. This resource will acquaint or re-acquaint families with the rich tradition of the prayers of our faith
	Echoes of Faith 3.0 Digital Catechist/Adult Formation	Six (6) video assisted titles in the Theology Module that can be used to span the weeks/months of family gatherings giving adult, basic theological and spiritual renewal.
RCL Benziger Online Family Resources	http://rclbenziger.com/tim-hogan/ http://rclblectionary.com/ http://bemydisciples.com/parents http://rclbsacraments.com/families http://rclbsacraments.com	<p>Dr. Tim Hogan has a series of Catholic Parenting Articles</p> <p>Resources for families to share the Sunday Scriptures and Traditions and discuss how to put faith into action.</p> <p>Multiple resources for parents/families</p> <p>Supplemental resources for sacramental preparation with families</p> <p>Family Guides for sacrament preparation</p>